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**To RE: Follow Up Question**

Phil G Rice  
Max C Bastow, MD  
04/17/2020

thank you

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From:Max C Bastow, MD  
Sent:4/16/2020 11:04 AM MDT  
To:Philip G Rice  
Subject:RE: Follow Up Question

The number one thing is to stop using testosterone.  
There are mentions in your records that you may have had more testosterone treatments done, if true I'm a little bit flabbergasted that this treatment was continued. Especially after all we talked about the side effect on your blood that you are clearing having.

The only other thing I can think of is Blood donation.

Max C Bastow, MD

From:Philip G Rice  
Sent:4/15/2020 4:49 PM MDT  
To:Max C Bastow, MD  
Subject:Follow Up Question

The last sentence of item #2 below is a question I asked you on 11/1/19.

Is there anything else you can suggest that might lower the 'high blood counts'?

I made a good faith effort (on 3 or 4 occasions) to look for your answer, and I cannot find

where you have ever responded to this question. If there is a response and I just missed it, please direct me to it, and accept my apology. If not, will you please say something, so that I will know to quit looking for an answer.

Thank you !!

Under the subject 'labs' 10/25/1922, in reference to blood drawn on 10/22/19, you stated:

You continue to have issues on your lab work related to testosterone. The testosterone level has come down some thankfully, but is still above what is considered a good target level on treatment. In the cases when we do have people on testosterone we aim for levels of 500-600. Yours is in the 900s.

But more importantly your blood counts have risen significantly. This can be extremely dangerous to your health, even fatal. And based on this I strongly recommend immediately stopping any testosterone treatments. This means returning to your testosterone provider and seeing if the pellets can be removed. These high blood counts can cause blood clots, heart attack, and stroke.

If you are having symptoms of headaches, fatigue, feeling sluggish or foggy you need to let us know right away because that can be a sign of the high blood counts causing an issue.

My response dated 11/1/19:

sorry it has taken so long to respond. I have been busy, but I feel obligated to respond as best I can without further delay.

1) Removing the testosterone pellets is not an option.

2) High Blood Counts: As far as symptoms are concerned - 'headaches, fatigue, feeling sluggish or foggy' - I think mostly not, but hard to say 100% not. Is there anything else you can suggest that might lower the 'high blood counts'?

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