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PHILIP RICE
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AURORA CO 80014-3071

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Your Health Action

A tip for living well and feeling better

January 2, 2024

Dear Philip,

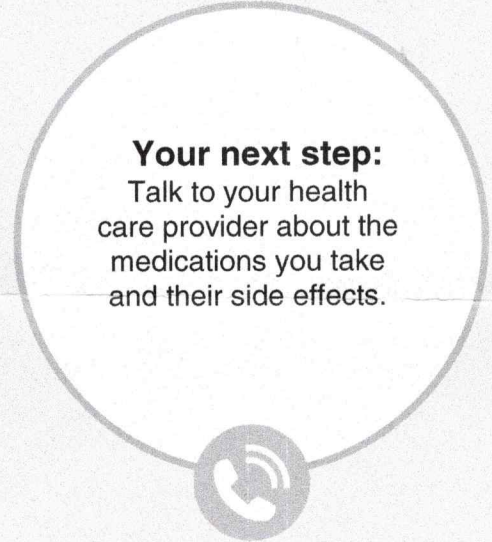
Your health means a lot to you and to those you love. That's why, as your health plan, we provide you with important Health Actions. We compare your records from doctor visits, prescriptions, and lab tests to established standards of care, then look for ways to help you improve your well-being. Here is one Health Action that may help:

Warning: drug side effects and gout

- Do you have gout?
- If you have gout, taking certain medications may make your gout worse.
- You may be taking a medication that can worsen gout.
- Examples of these medications may include lipid lowering agents such as bempedoic acid and niacin or diuretics such as hydrochlorothiazide and furosemide.
- Talk to your health care provider about the medications you take and their side effects.

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This Health Action is for you only.



Your next step:

Talk to your health care provider about the medications you take and their side effects.

Questions?

Call 1-866-209-2131

Monday to Friday,
8:00 a.m. to 5:00 p.m. ET

Health Actions provide general information based on your health records. Our programs and Health Actions do not provide diagnostic or direct treatment services. We assist you in getting the care you need and our program is not a substitute for the medical treatment and/or instructions provided by your health care providers. To learn more about your personal health needs, please see your health care provider.

IMPORTANT NOTICE: If you and your health care provider have already talked about this Health Action, please let us know by calling **1-866-209-2131**. This letter is private and is intended only for the person to whom it is addressed. If you have received this letter by mistake, please contact us right away at **1-866-209-2131**. This call is free. Please destroy this letter and do not share it with anyone.

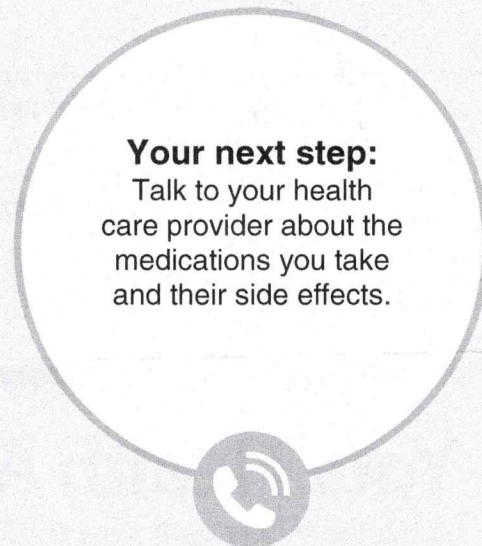


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Live well. Feel better.

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