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### To labs

Max C Bastow, MD  
Phil G Rice  
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You continue to have issues on your lab work related to testosterone. The testosterone level has come down some thankfully, but is still above what is considered a good target level on treatment. In the cases when we do have people on testosterone we aim for levels of 500-600. Yours is in the 900s.

But more importantly your blood counts have risen significantly. This can be extremely dangerous to your health, even fatal. And based on this I strongly recommend immediately stopping any testosterone treatments. This means returning to your testosterone provider and seeing if the pellets can be removed.

These high blood counts can cause blood clots, heart attack, and stroke.

If you are having symptoms of headaches, fatigue, feeling sluggish or foggy you need to let us know right away because that can be a sign of the high blood counts causing an issue.

Max C Bastow, MD

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